# Reflective Journal Template

|  |  |
| --- | --- |
| Candidate name |  |
| Role |  |
| Date Completed |  |
| Workplace/organisation |  |

1. **Who are you, in terms of your personal values and attitudes?**

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| --- |
|  |

1. **What are your personal values that may affect your judgment and work practices?**

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| --- |
| **Personal Values** |
|  |
|  |
|  |

*Add more rows as needed.*

1. **What are your personal attitudes that may affect your judgment and work practices?**

|  |
| --- |
| **Personal Attitudes** |
|  |
|  |
| *Add more rows as needed.* |

1. **What strategies will you use to ensure that your personal values and attitudes do not affect your judgment and work practices?**

|  |  |
| --- | --- |
| **Strategies** | **Relevant Personal Attitudes and/or Values** |
|  | Personal Values:  Personal Attitudes: |
|  | Personal Values:  Personal Attitudes: |

End of Reflective Journal Template